

# Websites and blogs:

## **Hearing Voices:**

International Hearing Voices Network: [www.intervoiceline.org](http://www.intervoiceline.org)

Project for Children and Young People Hearing Voices, London: [www.voicecollective.co.uk](http://www.voicecollective.co.uk)

Hearing Voices Network UK: <http://www.hearing-voices.org>

Hearing Voices Network US: <http://www.hearingvoicesusa.org>

Research on hearing voices: <http://thismonthinvoices.wordpress.com>

## **Recovery and alternative approaches:**

International Society for Psychological and Social Approaches to Psychosis: [www.ispsuk.org](http://www.ispsuk.org)

Science, Psychiatry and Community: [www.madinamerica.com](http://www.madinamerica.com)

Ron Coleman and Karen Taylor: [www.workingtorecovery.co.uk](http://www.workingtorecovery.co.uk)

Robert Whitaker: [www.robertwhitaker.org](http://www.robertwhitaker.org)

Rufus May: [www.rufusmay.com](http://www.rufusmay.com)

Films by Daniel Mackler: [www.iraresoul.com](http://www.iraresoul.com)

Rachel Waddingham: <http://www.behindthelabel.co.uk>

Madness Radio: [www.madnessradio.net](http://www.madnessradio.net)

Jacqui Dillon: [www.jacquidillon.org](http://www.jacquidillon.org)

National Empowerment Center To carry a message of recovery, empowerment, hope and healing to people with lived experience with mental health issues, trauma, and extreme states. <http://www.power2u.org>

Recovery Empower Resources: <http://recoveryempower.org>

VOICES OF RECOVERY (blog) <http://voices-of-recovery-schizophrenia.blogspot.com>

## **Medication:**

Coming Off Psychiatric Medication: [www.comingoff.com](http://www.comingoff.com)

Med Free Or Working On It: <http://www.medfree.socialgo.com>

Beyond Meds: Alternatives to Psychiatry: <http://beyondmeds.com>

## **Spirituality and mental health:**

Spiritual Emergency (blog) <http://spiritualemergency.blogspot.com>

Spiritual Recovery (blog) <http://spiritualrecoveries.blogspot.com>

A JUNGIAN APPROACH TO PSYCHOSIS (blog) <http://jungianschizophrenia.blogspot.com>

Recovery from "schizophrenia" and other "psychotic disorders"  
<http://recoveryfromschizophrenia.org>

### **Psychiatric survivors:**

Asylum Squad: A Web Comic by Sarafin <http://asylumsquad.com>

Asylum Squad Side Story: Rants and Musings of a Psych Heretic:  
<http://asylumsquadsidestory.blogspot.com>

MindFreedom International: <http://www.mindfreedom.org>

Mad Pride UK: <http://www.madpride.org.uk>

### **Other:**

Positive Outcomes for Dissociative Survivors: [www.pods-online.org.uk](http://www.pods-online.org.uk)

The Zen of Bipolar: <http://zenofbipolar.blogspot.com>

Different Thoughts (blog): <http://diffthoughts.blogspot.com>

The Icarus Project: Navigating the Space between Brilliance and Madness:  
<http://theicarusproject.net>

National Paranoia Network UK: [www.nationalparanoianetwork.org](http://www.nationalparanoianetwork.org)

